

Life Group Notes 6th December 2020

The awesome control of Jesus

What did God speak to you about on Sunday? What can you remember from Si's message?

Through the power of the Holy Spirit let us follow Christ's example by exercising great control over ourselves, in order to be obedient to everything the Father calls us to, knowing that thanks to Jesus even when we fail, his grace enables us to keep going for him.

Hebrews 4:15, "For we do not have a high priest, who is unable to sympathise with our weakness, but one who in every respect has been tempted as we are, yet without sin." ***Have you ever thought about the control Jesus would have had to exercise over himself before? Can you think of any examples in scripture? (e.g. John 4:6 Jesus wearied from the journey still witnesses to the women, John 7:1-10 Jesus does what God wants above family pressure/expectation etc.)***

Read together Luke 22:39-71 and discuss the control of Jesus had over himself? (Jesus sweat became like great drops of blood such was the psychological and emotional anguish he was in due to his impending crucifixion. Bearing in mind he could have got out of this at any point, the absolute control Jesus has is amazing, whilst he was in anguish and vulnerable in prayer before God, look how in control he is of himself during the rest of the account).

Whilst as Christians we know we are saved by grace through faith (Eph 2:8), this does not mean we don't live disciplined lives in the power of the Spirit in order to glorify God. ***Read 1 Cor 9:24-27 and discuss as a group what this teaches us about living self controlled lives? Get really practical and ask people to share what things they do that helps them live for God? In two's discuss what areas you would like prayer for the Spirit's help in living for God more?***

Finish by praying for each other that God gives you an opportunity to invite someone to the Christmas service (in person or online)..

Recommended book to read alongside the bible: **The Incomparable Christ by J. Oswald Sanders.**